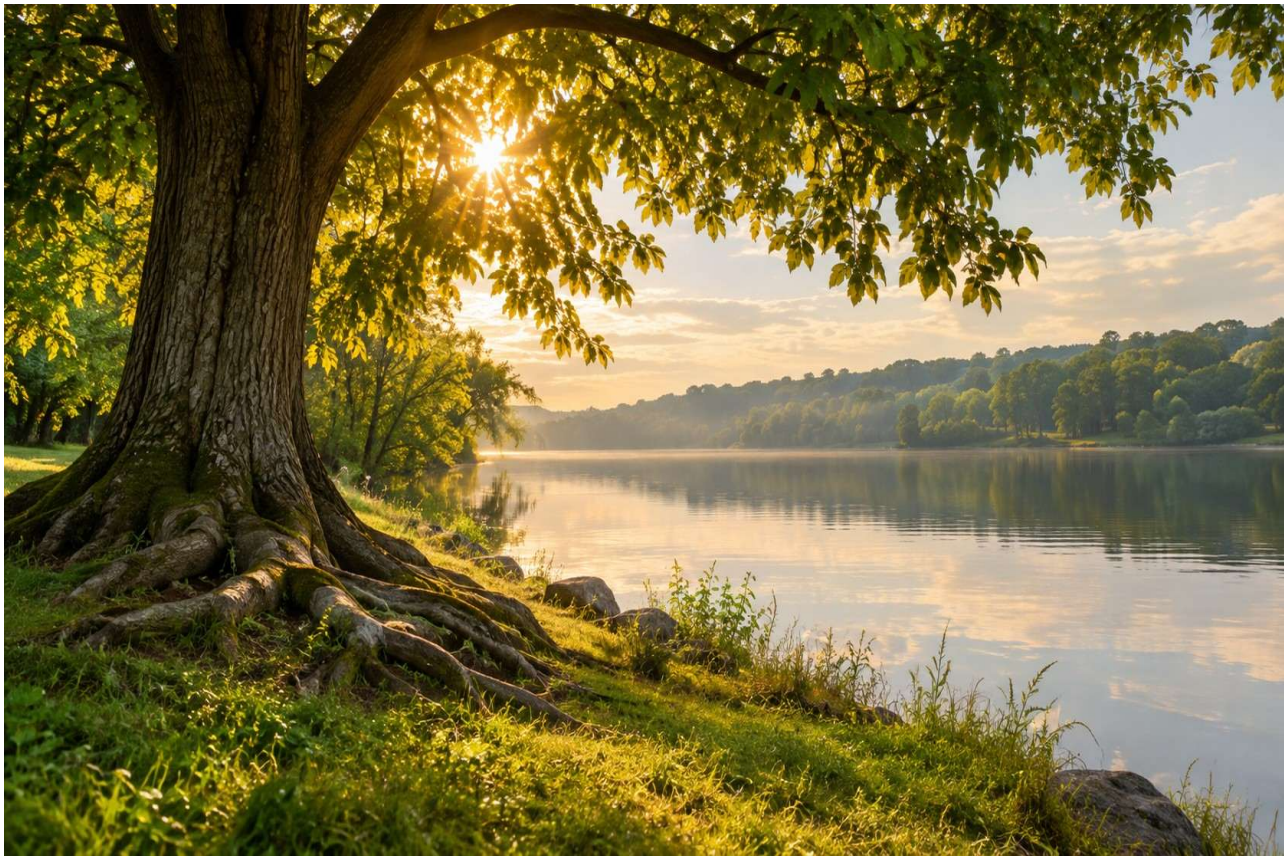
Ananeo Ministries
Spiritual Renewal of Heart & Mind

Movement 2

Identity: You Belong to Jesus

A Movement of Security, Belonging, and Being Named by God



Identity is not something you achieve. Identity is something you receive.

Welcome

Last time, you began by coming as you are, without pressure, without pretending. Now we take the next step:

Who are you, really, now that you belong to Jesus?

Identity is not something you achieve. Identity is something you receive.

Jesus doesn't ask you to build an identity. He gives you one.

Core Truth: You Are God's Beloved

Your truest identity is not:

your past

your mistakes

your successes

your personality

your performance

your reputation

your roles

Your truest identity is this:

You are chosen, wanted, and claimed by Jesus.

You belong to Him. And nothing can change that.

Scripture Reflection

John 10:1-4 - The Shepherd Knows Your Name

Highlights:

Jesus calls His own sheep by name

You are known personally, not generally

You belong to His flock

You follow because you recognize His voice

Isaiah 43:1 - "I Have Called You By Name; You Are Mine"

Highlights:

God names you before you name yourself

Identity begins with God's claim

You are not defined by fear

1 John 3:1 - “See What Great Love the Father Has Given Us…”

Highlights:

You are called a child of God

This is not metaphor… it is reality

Identity flows from love

Pause and let these truths settle.

To Fuel Your Faith

“Identity is not who you try to be. It’s who Jesus says you are.”

Who You Are in Jesus

Because you belong to Jesus, you are:

Beloved - deeply loved without condition

Chosen - wanted, not tolerated

Known - seen fully and embraced fully

Secure - held by a love that cannot be lost

New - not defined by your past

Claimed - you are His, and He is yours

Identity is not a feeling. Identity is a fact.

Where We Often Struggle

Even when we know these truths, we often wrestle with:

insecurity

comparison

shame

fear of rejection

perfectionism

feeling “not enough”

trying to prove ourselves

These struggles don’t disqualify you. They simply reveal where Jesus wants to speak identity again.

A Simple Practice for This Week

Sit quietly and pray:

“Jesus, what name do You speak over me today?”

Listen gently. Pay attention to the word, phrase, or sense that rises.

Then ask:

“What lie are You replacing with this truth?”

Let His voice be louder than the others.

Reflection Questions

What names or labels have shaped how you see yourself

Which of Jesus’ identity statements feels hardest to believe

Where do you feel pressure to prove yourself

What would change if you lived from belovedness instead of striving

What identity truth do you need to return to this week

Let your answers be honest and simple.

Closing Prayer

Jesus, thank You for naming me, claiming me, and loving me. Silence every false voice. Speak Your truth over my heart. Let me live from the identity You’ve given me: secure, beloved, and Yours. Amen.

Next Movement: Community

Now that you know who you are in Jesus, you’ll discover that you also belong to His people, a family where identity is strengthened and lived out.